FROM THE PRINCIPAL

Dear Families

Last Friday our students wore orange in recognition of ‘No Bullying’ Day. Through my professional reading I came across a succinct definition of bullying. This was also said eloquently by Holly when she spoke on parade a couple of weeks ago.

What is bullying

Bullying is repeated verbal, physical, social or psychological aggressive behaviour by a person or group directed towards a less powerful person or group that is intended to cause harm, distress or fear.

What is not bullying

There are also some behaviours, which, although they might be unpleasant or distressing, are not bullying:

- **mutual conflict** - which involves a disagreement, but not an imbalance of power. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation.
- **single-episode acts** of nastiness or physical aggression, or aggression directed towards many different people, is not bullying
- **social rejection or dislike** is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.
- It is timely to look at the word ‘repeated’. I also read and listened to several radio and media commentators talking about the word bullying and how if used in the wrong context can also be damaging. Let’s reflect on this – labeling someone a ‘bully’ can both stay with them and be a self-fulfilling prophecy. As bullying becomes such a widespread phenomenon, we must be cautious with our labelling of bullying and keep in mind what bullying is as well as what bullying is not.

Essentially, we must call bullying when it is and ensure that the person who is bullying is drawn to task and their behaviour modified. We must also equip our children with strategies to support them and to help them be assertive against those who wish to make their life difficult. It is a sad fact that the types of behaviours which ostracise, intimidate and cause distress are prevalent in all aspects of society – even in adulthood which is a shame. It is now that we equip our children and hopefully they grow to be adults who are more aware of the hurtfulness of these actions and therefore will turn the tide on this phenomenon. The following web link to a resource developed by the Victorian Education Department is the most student-friendly site I have found - [http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/students.aspx](http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/students.aspx)

At the last P&C meeting the election of your complete P&C executive took place. Congratulations to

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>President</td>
<td>Todd Gould</td>
</tr>
<tr>
<td>Vice President</td>
<td>Scott Taylor</td>
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<tr>
<td>Secretary</td>
<td>Nicole West</td>
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<tr>
<td>Newsletter</td>
<td>Caroline Podd</td>
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<tr>
<td>Treasurer</td>
<td>Melissa Egan</td>
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<td>(with the assistance of Jodie Andrew and Robyn Buchbach)</td>
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Being on the P&C is a big job, and one that schools continue to be thankful for. Our focus is always on the little people within the school.
Aaron’s travels
Within this newsletter are a couple of photos from Aaron. He has successfully completed the trek to the Base Camp of Everest and is now visiting orphanages in and around Kathmandu. Have a look at the photo of what looks like a pile of little round patties – Aaron has issued us a challenge ‘can you figure out what they are and what they are used for’? Thank you to the answers I have received via email. Tonight I will log onto Facebook and give Aaron our answers.

Can you also see our name written on a glacier high in the mountains around Everest. A little bit of Lota in Nepal.

Great Results Guarantee
Our Great Results Guarantee was accepted and endorsed by the Director General of Education. This will now be uploaded onto our website.

This week I issued letters to all families of students who will receive additional support using the Great Results funds. Unfortunately the date of 1st March, instead of 1st April was printed. I apologise if there was any confusion. The programs will start Tuesday 1st April.

Welcome to new staff
I would like to welcome two new staff members. Ms Linda Best will work on Tuesday and Thursday as a support teacher within classrooms. She takes over Allison Blanch’s position while Allison moves into the literacy and numeracy coaching role.

Mrs Julie Martin is a new teacher aide who will work Tuesday, Wednesday and Thursday. Julie will work with the students identified through the Great Results Guarantee.

ANZAC Day
Our ANZAC ceremonies will take place after the school holidays. Thursday 24th April is the Lota State School ANZAC ceremony led by our school captains and the students from years 6 and 7. This ceremony will commence at 10.30am and all families are invited to attend. Students may bring a small floral tribute to place at our memorial garden.

Friday 25th April is the ANZAC Day public holiday. Lota State School is also invited to the Manly RSL led ceremony. We meet outside Manly State School at 7.30am and walk down the hill towards the memorial park. Students are asked to wear their full school day uniform (check shirt/dress and bottle green bottoms.) Students should also wear a hat and parents must remain in attendance for the duration of the ceremony.

Uniform
It is still lovely to see students in their full school uniforms. With the approach of winter (fingers crossed) jumpers will need to be taken out of storage or purchased. Please be aware that only bottle green jumpers will be acceptable. The stores have plenty in stock, at a reasonable price. Our Uniform Shop also has many jumpers available for a very reasonable price.

In addition, I ask that students wear either the day uniform (checked uniform on Tuesday and Thursday) and the sports uniform (Monday, Wednesday and Friday if they play sport) and not a hybrid of both. I have seen an increasing number of students in checked tops and sport bottoms. Thanks for your understanding.

School Holidays
Last day of term one: Friday 4th April
First day of term two: Tuesday 22nd April

CROSS COUNTRY
We would like to invite you to our cross country. 
Date: Wednesday, 23rd April.
Time: 9.00 p.m Venue: Cox Park, Lota.
Order of Events

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<thead>
<tr>
<th>Time</th>
<th>Age Group</th>
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<tbody>
<tr>
<td>09:10 a.m.</td>
<td>5 year olds</td>
<td>200 m</td>
</tr>
<tr>
<td>09:20</td>
<td>6 yr olds</td>
<td>300 m</td>
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<tr>
<td>09:30</td>
<td>7 yr olds</td>
<td>400 m</td>
</tr>
<tr>
<td>09:40</td>
<td>8 yr olds</td>
<td>400 m</td>
</tr>
<tr>
<td>09:45</td>
<td>Parent Races</td>
<td>200m</td>
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<tr>
<td></td>
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<td>2000m</td>
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<tr>
<td>09:55</td>
<td>9 yr olds</td>
<td>800 m</td>
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<tr>
<td>10.00</td>
<td>10 yr olds</td>
<td>1500 m</td>
</tr>
<tr>
<td>10.15</td>
<td>11 yr olds</td>
<td>2000 m</td>
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<tr>
<td>10:30</td>
<td>12 &amp; 13 yr olds</td>
<td>3000 m</td>
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Please come along and cheer for your students. There will be Tea, Coffee and Bacon Rolls available at the tuckshop before the races. We will need some parent helpers for the morning to help the carnival run smoothly. Please see Mrs Neville if you are able to help.
On Friday 14 March, the ‘Schools WITH Pools Swim Carnival’ was held at Moreton Bay College. We had 20 students representing our school at this carnival. We should be proud of our students’ behaviour and the effort that they gave. The encouragement that our students showed towards each others – against fierce competition - was fantastic to watch. The swimming champions that represented our school were, 8 year Olds – Sienna, Chelsea, and Luca. 9 year olds - Arabella, Mikayla, Delphine, Jaslyn, Monique, Jack, Nathan and Kyle. 10 year olds - Adam, Matthew, Keean, William, Ivy, Merista and Indiana. 11 year olds – Jemina and Wyntta.

We would like to thank, Mrs Palmer, Ms Deschamps, and Mrs Vanhinsberg for helping transport out team, and Mrs Andrew, Mrs Atterwell, Ms Deschamps, Mrs Vanhinsberg and Mrs Palmer for the help they provided at the Carnival.

SWIMMING – Cancelled
On Monday 31st March our year 6 and 7 students will be attending a high school experience day. This means that there will only be two classes who will attend swimming. The bus costs would mean that each child would be paying $10 per student to attend swimming lessons for this day. In the interest of ensuring cost savings for families, I have cancelled swimming for years 4/5 and ¾. I apologise for the inconvenience.
Families who have paid in full for the full swimming instruction will have a credit against any future payments.

20th March, 2014
Dear Parents and Caregivers,

Lota State School will be having an Easter Bonnet Parade on Tuesday 1st April at 9.00am. The students will need to bring bonnets from home and we look forward to seeing their creativity. Parents are welcome to come and join the fun at the parade area on the end of the library building. One prize will be awarded for each class.
We look forward to seeing everyone there.
Yours sincerely,
Kim Schembri
Principal

Jennifer Templeton
Teacher Librarian
Hello
It would seem that our favourite Chaplain has made it to Everest Base camp and back. Aaron is now enjoying visiting orpanages, and experiencing the wonderful work that everyday people do for those who are not as fortunate as we.

Isn’t it inspiring to know that people amongst us are so caring and loving towards their fellow man (and woman)….just beautiful.

View from Namche

A little bit of Lota left on a glacier on Mt Everest.

Guess who?
Aaron wants to know if you can guess what this is?

The Out house